



Forest Art Connection

NATURE ART CONNECTION

**theNACfest**  
will celebrate its first edition in  
Ses Salines, Mallorca,  
from August 16 to 19, 2023.



## ¿What is theNACfest?

**theNACfest** is an artistic workshop open to participants (artists or those with artistic restlessness) of any age who are interested in the connection between art and nature.

Under the supervision and support of Anika Burton (dancer, choreographer, and illustrator) and Carla Federico (eco-therapist, sonologist, and actress). **New works will be created in situ** in accordance with the environment.

The **objective** is to generate a research place for artists from different disciplines (movement, dance, theater, music, visual, land art, etc.), provenance, training, and experience to coexist and share their vision and sensitivity in a natural environment.

This year, the chosen theme will be the **circle** as an inspiring element.

On the last day of the workshop, the works will be presented to the **public**.

## What do we offer?

**Previous online meeting** to get to know each other, to specify artistic goals, and to resolve any other issue.

**theNACfest:** physical training, movement and voice workshops, artistic dynamics in nature, and individualized accompaniment.



## Prices

There are **two modalities**: NAC1 and NAC2.

**NAC1:** Workshop + shared accommodation in Can Paradáis, a beautiful 100% Eco Majorcan house in Ses Salines - **€580** -

**Limited places!**

This modality includes:

- The nights from Wednesday 16/08 to Saturday 19/08 (possibility to sleep the night of Tuesday 15/08 with a supplement of €35)
- Half board (breakfast and lunch): it will be vegetarian and organic (we have an orchard!)

Dinner is not included, but there is a kitchen available and some bars and restaurants in the center of Ses Salines.

**NAC2:** This modality includes the workshop plus vegetarian and organic food (we have an orchard!) in Can Lledoner - **€420** -



## How do I take part?

If you are an emerging artist (or you are not and you like to create) of any age and artistic discipline and you want to come and experience three intensive days of creation directed and with accompaniment, you just have to submit your proposal **before July 12, 2023, to thenacfest@gmail.com.**

The proposal should include, in **a single pdf** (max. 10 MB), the following:

- **Personal information** (name and surname, telephone, email, instagram) and **CV** (maximum one page)
- **Motivation letter** (tell us who you are)
- **A proposal about the circle** to work on during the workshop (tell us what idea you have).
- Any **other documentation** that the participant considers appropriate

You can send us your applications in **Catalan, Spanish, English, French, or Italian.**

Once your registration is confirmed on **July 15, 2023**, via mail, we will send you detailed information about the workshop.

## About us...



### **ANIKA BURTON**

*Dancer, choreographer, and illustrator*

Her interest and enjoyment in dancing and drawing began in her childhood and continue to accompany her today.

She studies classical, contemporary and fine arts dance and is professionally trained in Butoh dance. She develops her own language and work methodology called "LifExpression Butoh Movement", which is based on her extensive career in the study, training and practice of movement and expression, the energetic body, martial arts, yoga and meditation.

Dance the life and express the being. *"To sustain the innate harmony of the body-mind, where the spirit is capable of living and expressing itself in an integral, present, and free way".*



## **CARLA FEDERICO**

*Eco-therapist, sonologist, and actress*

With a sensitive and imaginative nature, she has always been curious about human beings from different perspectives.



She graduated in traditional Chinese medicine and has a diploma in naturopathy and other energy therapies. She specializes in sonology and eco-therapy.

Her creative essence drives her to study experimental theater, dance theater, performing arts, and movement. Aware of the intrinsic relationship between humans and nature, she decided to create Shaddai Teatro. A way to explore life and its movements and create in relation to the environment.

*"I am passionate about natural fibers, ancestral dances and music, and instant creation. I really enjoy accompanying creative processes. Starting from a point and moving forward... without knowing where we are going to end up"*







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